



### **Service Aims**

- 1. To reduce the incidence of Recurrent Care Proceedings for Young Parents aged 25 years and under living within Leeds.**
- 2. To improve the life circumstances of young parents who have experienced care proceedings.**
- 3. To improve physical, emotional and mental health of young parents who have experienced care proceedings.**
- 4. To gain a better understanding of the windows of opportunity and what works to best support this group.**

### **What we will do**

- Establish and develop an intensive outreach service for young parents who have experienced the loss of an infant due to care proceedings.**
- Establish and develop a virtual network of trauma informed agencies that can support such parents with a variety of needs .**

### **Aligned with the children and young peoples plan**

### Obsessions

- To reduce the need for children and young people to become looked after
- Reduce incident of young people not in education or training
- Increase – Attendance, Attainment , Achievement

### Outcomes

- Are safe from harm
- Do well at all levels of learning and have skills for life
- **Enjoy healthy lifestyles**
- **Achieve their optimum health and wellbeing**
- Have fun growing up
- Are active citizens who feel they have a voice and influence

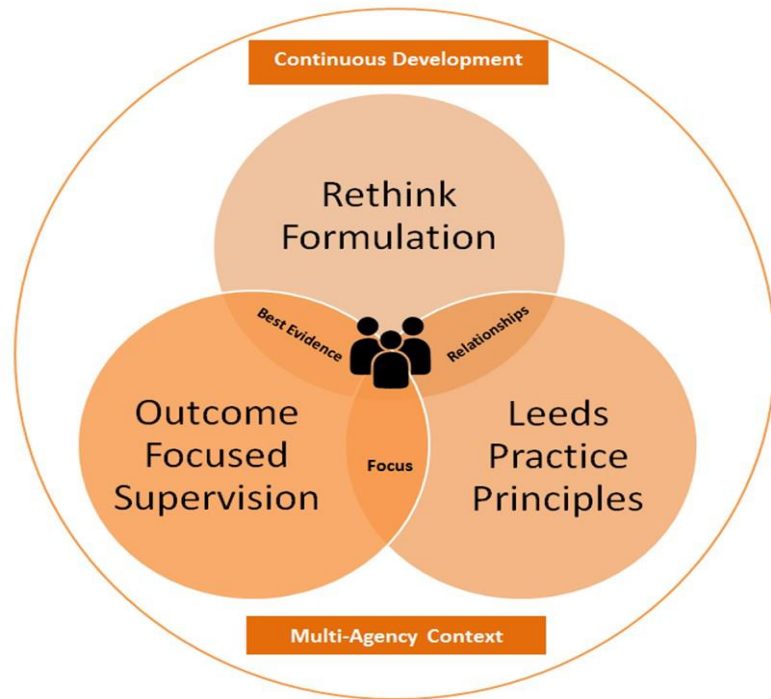
### Priorities

Whilst the Futures project recognise and support all of the Leeds Children and Young People's 14 priorities, the key areas of focus are:

1. Help children and parents to live in safe and supportive families
2. Ensure the most vulnerable are protected
3. Increase the numbers of young people participating and engaging in learning
4. Improve social, emotional, and mental health and wellbeing
5. Encourage physical activity and healthy eating
6. Supporting young people to make good choices and minimise risk taking behaviour
7. Promote sexual health
8. Minimise misuse of drugs, alcohol and tobacco
9. Increase participation, voice and influence

### How we will do it.

Working from a trauma informed base the Futures team will use the Leeds Practice Model (below) to engage and work alongside both young parent and partner agencies to improve outcomes for under 25s who have experienced the first time removal of an infant.



This scope and approach is drawn from a local analysis within Leeds and supported by the national research .

There are several 'points of intervention' that have initially been posited by recent research .Our Hub model can go some way to meeting some of these points.

<p>1. To reduce the incidence of <b>Recurrent Care Proceedings</b> for Young People aged 25 years and under living in Leeds.</p>			
<b>Instrumental Outcomes:</b>	<b>Information to be collected</b>	<b>Method of measurement</b>	<b>Data Source</b>
<p>1.1 To gain a better understanding of local need within Leeds and identification of this group of young people.</p>	<p>The overall number of referrals received to the service</p> <p>Number of referrals meeting documented criteria</p> <p>Number of appropriate referrals vs number of young people under 25 who have had an infant removed.</p>	<p>Recording of all referrals on data base</p> <p>Recording of whether meet service criteria or not.</p> <p>Comparison of referrals picked up to actual numbers</p>	<p>Futures Internal Data base <b>Team Manager</b> <b>Hub partners</b></p> <p>CAFCAS and/or performance team.</p>
<p>1.2 To engage young people in the FUTURES or HUB services</p>	<p>Number of young people not engaging or dropping out of service and reason why.**</p> <p>Services engaged in HUB (attending network meetings)**</p> <p>Services engaged in HUB (active</p>	<p>Comparison of time in hours involved across duration of intervention and reasons for drop out-optimal point to be determined</p> <p>Recording of attendance at HUB Network meetings</p> <p>Recording of attendance and minutes at referral pathway meetings.</p>	<p>Weekly records Futures Team/outcomes coordinator Hub partners</p>

	referral pathway partners )**		
<b>Instrumental Outcomes:</b>	<b>Information to be collected</b>	<b>Method of measurement</b>	<b>Data Source</b>
1.4 Improved access to and uptake of contraception. <b>Health 2</b>	Was the YP using long acting contraception at commencement of working with Futures?  Did the YP access long acting contraception with support from the Futures practitioner?  YP's view on taking contraception? <b>Qualitative data</b>	Practitioner to record on data base.  Practitioner to record on data base.  Conversation with YP and practitioner and record reflections	YP Sexual Health team, Midwifery Futures team
1.5 Increased understanding of foetal development and infant mental health. <b>Qualitative data</b>	YP's understanding about IMH at the beginning and following involvement with Futures	Conversation with YP and practitioner partners and record reflections	YP Midwifery IMH team Futures team Social care
1.6 Increased understanding of the needs of infants at different stages and the importance of attachment/relationship. <b>Qualitative data</b>	YP's understanding about infant needs and importance of relationships at the beginning and following	Conversation with YP and practitioner and record reflections	YP Social Care Futures

	involvement with Futures		
1.7 Increased understanding of the impact of lifestyle/risk on children and reasons why social care may be concerned about parenting. <b>Qualitative data</b>	YP's understanding about impact of lifestyle on children and reasons why social care may be concerned at the beginning and following involvement with Futures	Conversation with YP and practitioner and record reflections	YP Social care Futures Hub partners
1.8 Improved quality of agreed contact with infant who has been adopted or placed under SGO. <b>Qualitative data</b>	YP's perspective regarding contact with their child following long term plan of permanency	Conversation between YP and practitioner and record reflections	YP  Social care Futures
<b>Instrumental Outcomes:</b>	<b>Information to be collected</b>	<b>Method of measurement</b>	<b>Data Source</b>
1.9 Number of YP who have worked with Futures who further experience care proceedings within 2 years of discharge from Futures.	Within 2 years of working with Futures did the YP's future child become subject to care proceedings with Leeds LA?	Information from social care within a 2 year period from discharge from Futures	Social Care Record Social care Futures Midwifery
<b>2.</b> To improve the <b>Life Circumstances</b> of young parents who have experienced care proceedings.			

Instrumental Outcomes:	Information to be collected	Method of measurement	Data Source
2.1 Number of YP who have stable accommodation	Did the YP's situation change in respect of accommodation over the course of working with Futures?	Practitioner to record on database	YP and housing agency Housing Futures Social care
2.2 Number of YP working with Futures who have improved access to education, training and employment and are engaged in positive activities- Attendance ,Attainment and Achievement .	Did the YP's situation change in respect of education, training or employment or engagement in positive activities over the course of working with Futures?	Practitioner to actively liaise with education and other agencies and record on database	YP and other agencies eg, school college Futures Local education partners/schools and colleges Virtual school DWP
2.3 Increased awareness of what constitutes a healthy relationship <b>Qualitative data</b>	YP understanding of healthy relationships	Conversation between YP and practitioner and record reflections ROM Score 20 ( family relationships)	YP and significant others Futures Hub partners
2.4 Decrease in number of incidents involving domestic abuse whilst working with Futures <b>Qualitative data</b> <b>Quantitative data</b>	Did the YP's situation change in respect of domestic violence over the course of working with Futures?	Conversation between YP and practitioner and record reflections Active liaison with front door- DV call outs and responses	YP and other agencies, front door Futures Police Front Door Hub Partners
2.5	Has the YP attended sessions	Active liaison between YP and practitioner and record reflections	YP and other agencies Futures

Increased numbers of YP engaged with other key services . <b>Qualitative data</b>	with other services and how helpful has this been		Hub Partners
2.6 How many referrals has the Futures practitioner made to other agencies?	<ul style="list-style-type: none"> <li>1) Mental Health services</li> <li>2) Substance</li> <li>3) Domestic Violence</li> <li>4) Third sector</li> </ul>	Active liason with other agencies ,Practitioner to record on data base following each referral- and follow up as to uptake .	Weekly record Futures Hub Partners
<b>Instrumental Outcomes:</b>			
3. To improve <b>Physical, Emotional and Mental Health</b> of young parents who have experienced care proceedings.			
<b>Instrumental Outcomes:</b>	<b>Information to be collected</b>	<b>Method of measurement</b>	<b>Data Source</b>
3.1 Number of YP reporting improved emotional wellbeing <b>Health 2</b>	Self-reporting of mental health/emotional wellbeing	Routine Outcome Measures: PHQ9 GAD-7 TSQ 10	Practitioner and YP Futures Hub Partners
3.2 Increased feeling of control over their life and confidence to manage problems <b>Qualitative data</b>	Does the YP have an increased feeling of confidence to manage problems they are faced with	Conversation between YP and practitioner and record reflections ROM	YP Futures Hub Partners



3.21 Number of young people engaging in trauma work	Has the young person been screened for trauma work  Has the young person engaged in work partially or completely **	Weekly records	Practitioner Futures CAMHS AMHS Hub Partners
3.3 Capacity to process the experience of losing their child and 'accepting' what has happened <b>Qualitative data</b>	YP's thoughts and beliefs about what has happened	Conversation between YP and practitioner and record reflections	YP As above
3.4 Improved formal and informal network supports <b>Qualitative data</b>	YP's views on support networks	Conversation between YP and practitioner and active liaison with identified others - record reflections	YP and significant others Family Friends Futures Hub partners
3.5 Improved access to and uptake of health promotion and screening <b>Health 4</b>	Is the YP registered with a GP?  Is the YP registered with a dentist?  Is the YP up to date with smear testing?	Active liaison with health agent, Recording on data base	YP, GPs, dentist Futures GP Midwifery Hub Partners Dentists
3.6 Number of young people engaging in substance use work	Has the young person reported using substances	Weekly records	Yp and practitioner Futures

	Has the young person engaged in substance use work, partially , completely.**		Forward Leeds City Council Hub partners GP
3.7 Number of young people attending A&E and numbers of occasions	Has the young person reported attending A&E and if so what for	Weekly records	Futures A and E liason Crisis teams

**\*\* Measurement of engagement and analysis of the data collected require some more understanding**

**\*Anonymised Case Studies to be initiated at the beginning of involvement with Futures and updated throughout involvement**

**\*All qualitative data to be recorded in the case study\***

**\* Quantitative data to be recorded on data base\***

**\*Instrumental outcomes to be measured as a minimum of once every 4 months (including at discharge from Futures) Development of simple proforma to prompt collection to be completed**

**\* all data collection only with explicit consent from young person .**